Ancient Protection Ritual



- Prepare a magical circle with protective symbols drawn on the ground.
- Light three white candles and place them at the cardinal points of the circle.
- In the center of the circle, place a bowl containing holy water or pure water.
- Hold a protective stone in your right hand and recite the incantation in Latin:

"Spiritus sanctus, adiuvate me,
Custodes antequam, protegite me.
A malo defendite,
A tenebris protegite,
In luce et amore maneat cor meum."

- Sprinkle a few drops of water from the bowl onto the protective stone and place it in the center of the circle.
- Stand in the center of the circle and meditate on your intention for protection for a few moments.
- To conclude the ritual, extinguish the candles in a counterclockwise order.

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