## Former British astronaut says aliens exist!



**Helen Sharman**, the first British woman to explore space over thirty years ago, now 58, shares insights into the possibility of extraterrestrial life on our planet. In an interview with the British media outlet *The Guardian* at the beginning of 2020, she candidly expresses her convictions.

The former astronaut, who spent several days at the heart of the Soviet space station Mir in 1991, asserts confidently, " *Extraterrestrials exist, there is no doubt about that.*" Her unique experience in space, surrounded by billions of stars, has shaped her belief that the diversity of life forms in the universe extends beyond our current understanding.

Helen Sharman goes further by raising questions about the nature of these potential extraterrestrial life forms. "
There are so many billions of stars in the universe that there must be all sorts of different life forms. Will they be like you and me, composed of carbon and nitrogen? Maybe not".

The former astronaut proposes a bold idea: "It is possible that they are here right now, and we simply cannot see them ." This theory raises questions about the potential coexistence of extraterrestrial life forms on Earth, invisible to our human senses.

## **Sources**

• chat.openai.com

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