

## A woman eats more than 1500 grams of lipstick in her lifetime



Did you know that women might ingest, on average, 1,814 grams of lipstick over their lifetime? That's roughly the equivalent of 533.76 tubes!

This surprising figure comes from a simple daily habit: applying lipstick and then licking their lips or eating, gradually leading to the ingestion of small amounts of the cosmetic.

While it may seem trivial, these tiny quantities add up over the years. So, the next time you put on your favorite lipstick, remember—it might just become an unexpected part of your diet!

### Sources

- [sympa-sympa.com](https://sympa-sympa.com)
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