# Alex Jones' Claims of "Interdimensional Beings" Resurface, Stirring Online Debate



A clip circulating on X has brought renewed attention to controversial statements made by Alex Jones during an appearance on *The Joe Rogan Experience*, hosted by Joe Rogan.

In the widely shared excerpt, Jones claims he has "100% communicated with something," suggesting a possible encounter with entities from another dimension. However, he also expresses uncertainty, questioning whether the experience originated in his own mind or reflects something beyond conventional reality.

He describes these entities as initially appearing "like elves," but later revealing a more disturbing form, even mentioning horned figures. Jones also issues a warning, saying such encounters may begin as positive or alluring before turning negative.

The discussion ties into broader conversations around psychedelic substances, particularly DMT, which is often associated with intense visionary experiences and reports of encountering seemingly autonomous entities.

The resurfaced clip has sparked mixed reactions online. Some viewers interpret the remarks as reflections on altered states of consciousness, while others criticize the spread of unverified and speculative claims. To date, there is no scientific evidence supporting the existence of "interdimensional beings," and such experiences are generally understood as neurological phenomena linked to brain activity.

The renewed attention highlights ongoing public fascination with the boundaries between perception, science, and the unknown—where curiosity and skepticism continue to intersect.


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Alex Jones on Joe Rogan: "I have communicated with Interdimensional beings"

“I 100% communicated with something... the question is whether that something was actually in my imagination or in my mind or that something takes place in another dimension.”

He describes the entities:… pic.twitter.com/yK5wu1m2lt

— Interstellar (@InterstellarUAP) May 1, 2026

## Sources

- x.com

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